

ZOOM GROUP SCHEDULE		
WEEK OF May 22-26		
Day/Time	TOPIC or Process	FACILITATOR
MON May 22		
10:00am-10:50am	No Group	Nevin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/j/80V40WeqLbZIKDahV1	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/j/46s7z4oGteMi7-9GOsE8bSHvEV8j6-0	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/j/4EkcOuhrljHdJ-uRux8YsD-qlG1YSrCap2	Susannah
2:00pm-2:50pm	Mental Health and Wellness https://eptha.zoom.us/j/0sc-6trz8rHdQ8OyjqG_CN0hW5UInHp7cT	Mellisa
5:00pm-5:50pm	Stress Management https://eptha.zoom.us/j/Aod-ygrDsqGtbELSIM5ZZdlrfmkdMKZsEp	Bradley
TUE May 23		
11:00am-11:50am	Positive and Negative Warriors https://eptha.zoom.us/j/ZEvdOGucTMpGdwwTg0ImrqRUr3x5gOy6S6L	Samantha
12:00pm-12:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/j/ZEsfuyrrDluHdb7RI_wHWhG46_MIScEI2d0	Susannah
2:00pm-2:50pm	IN PERSON GROUP Casino Conversations	Kerri
3:00pm-3:50pm	Relapse Prevention https://eptha.zoom.us/j/0pcu-prD4oHNfswJ2Vh3w9FjxOk2mlNOaV	Samantha
4:00pm-4:50pm	Dealing with illness and pain in recovery https://eptha.zoom.us/j/Zwpf-2qqTwpH92XyYw09WZWTUy7T-vNLmrb	Mellisa
WED May 24		
10:00am-10:50am	IN PERSON GROUP Sobriety or Recovery	Nevin
11:00pm-11:50pm	Step One https://eptha.zoom.us/j/lpce-spzsuH9X97n4x4hg8N3HeVSKSoj16	Kerri
1:00pm-1:50pm	IN PERSON GROUP Native Meditation	Mellisa
3:00pm-4:50pm	IN PERSON GROUP Historical Trauma & Healing	Samantha
THUR May 25		
8:00am-8:50am	Morning Reflections https://eptha.zoom.us/j/ZwodOivrTsoE9MzO9tkjYSiAUgikL9w29q6	Nevin
9:00am-9:50am	IN PERSON GROUP Walking through Recovery *Wear comfortable shoes & dress for weather	Bradley
10:00am-10:50am	Goal Setting https://eptha.zoom.us/j/Zcrl--oqwjE9HeHUeOrq01fDOmOkqJ86pF	Nevin
11:00pm-11:50pm	Emotional Intelligence https://eptha.zoom.us/j/ZApdOyhqTMpHdCtHOOWPjlaPRfoYx8nJdRZ	Kerri
4:00pm-4:50pm	ADOLESCENT ONLY IN PERSON GROUP Canoe Journey	Mellisa
FRI May 26		
10:00am-10:50am	Recovery this Summer https://eptha.zoom.us/j/Z0kdeugqDkrGNLUc7Ttvp_5XGvLhrmMX9tu	Nevin
12:00pm-12:50pm	Closed Honoring Our Ancestors Day	Samantha
1:00pm-1:50pm	Closed	Susannah
1:00pm-1:50pm	Closed Honoring Our Ancestors Day	Mellisa
2:00pm-2:50pm	Closed	Samantha
Schedule posted at www.eptha.com		
All Zoom Groups require registration. Below are some instructions:		
<ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE WEEK OF May 29-June 2		
Day/Time	TOPIC or Process	FACILITATOR
MON May 29		
10:00am-10:50am	Closed Honoring Our Ancestors Day	Nevin
11:00am-11:50am	Closed	Samantha
1:00pm-1:50pm	Closed Honoring Our Ancestors Day	Kerri
1:00pm-1:50pm	Closed	Susannah
2:00pm-2:50pm	Closed Honoring Our Ancestors Day	Mellisa
5:00pm-5:30pm	Closed	Bradley
TUE May 30		
11:00am-11:50am	Gratitude in Recovery https://eptha.zoom.us/meeting/register/tZwod--pqjvPE9whC0qGvXAwbGBdYcb2ThZG	Samantha
12:00pm-12:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZArf-mqrzLqHdb-2PIEwyVe1OICPH4oC6az	Susannah
2:00pm-2:50pm	IN PERSON GROUP Casino Conversations	Kerri
3:00pm-3:50pm	Healthy Relationships https://eptha.zoom.us/meeting/register/tZYvdOyhrT4rHiM-47JzEVXb-kBy9DtuqmnS	Samantha
4:00pm-4:50pm	Dealing with illness and pain in recovery https://eptha.zoom.us/meeting/register/tZMsd-mtrDouHdMTYY3PrAMB5o7oi9LgoF_f	Mellisa
WED May 31		
10:00am-10:50am	IN PERSON GROUP Gratitude	Nevin
11:00pm-11:50pm	Addictions: What's Next? https://eptha.zoom.us/meeting/register/tZYqd-iorjkiE91JRE2lrb7r15jiMKgoSpaP	Kerri
1:00pm-1:50pm	IN PERSON GROUP Native Meditation	Mellisa
3:00pm-4:50pm	IN PERSON GROUP Historical Trauma & Healing	Samantha & Kerri
THUR June 1		
8:00am-8:50am	My Mornings and Me and Coffee https://eptha.zoom.us/meeting/register/tZUteOGhrDorHtM6wL5b06ll_yxHYV0SkTu0	Nevin
9:00am-9:50am	IN PERSON GROUP Walking through Recovery *Wear comfortable shoes & dress for weather	Bradley
10:00am-10:50am	Depression, What is it? https://eptha.zoom.us/meeting/register/tZwpdu6hqDMrHdHXi_JeyAGpv4E75CP-jiz6	Nevin
11:00am-11:50am	Open Group "Just For Today" https://eptha.zoom.us/meeting/register/tZ0kc-qqrD0oHNNvw3bdeWaptOp-hckrP0U1	Kerri
4:00pm-4:50pm	ADOLESCENT ONLY IN PERSON GROUP Canoe Journey	Mellisa
FRI June 2		
10:00am-10:50am	Open Process https://eptha.zoom.us/meeting/register/tZEud-yrrj4uH9J7b_s5qIIIU6b6bc0SkI5K	Nevin
12:00pm-12:50pm	IN PERSON GROUP Native Crafting	Samantha
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZwkdu6qrjwoHdUWHafFEsnycwn4cyMqhZgi	Susannah
1:00pm-1:50pm	Moms in Recovery https://eptha.zoom.us/meeting/register/tZMrd-iuqTkjGd1y9-5aG20_7iKqBjrRTy4a	Mellisa
2:00pm-2:50pm	Goal Setting https://eptha.zoom.us/meeting/register/tZUlceCvpjMphd3PeH-rVEBKnmX4ygB7kfg	Samantha
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