

ZOOM GROUP SCHEDULE		
WEEK OF March 13-17		
Day/Time	TOPIC or Process	FACILITATOR
MON March 13		
10:00am-10:50am	Men's Group: Relationships and Recovery https://eptha.zoom.us/meeting/register/tZUrc-6rj8oGNICRx43F4w7mZo4bDH53EHC	Nevin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZEtcOCppjkiGtDIAzlot5zIfnpVkJ7p8RBR1	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZUld-2oqjItHN3dYYwpqa2auTtYCIgkwexa	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZikcOGhqTkrHtDyUfjdGL0mHT34ljLa-1Uj	Susannah
2:00pm-2:50pm	Triggers in Early Recovery https://eptha.zoom.us/meeting/register/tZErc--gqTsvHNVkqSVp1T3XFN88KTJCY8J5	Mellisa
TUE March 14		
11:00am-11:50am	Open Process https://eptha.zoom.us/meeting/register/tZIsde2qrDovHtlaxj8i1vsEMD3bgXteZ0_y	Samantha
1:00pm-1:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZluduCsqD8sGdxCiiPgEODZw-QvH_AkdRCi	Susannah
2:00pm-2:50pm	IN PERSON GROUP Casino Conversations	Kerri
3:00pm-3:50pm	What is Depression? https://eptha.zoom.us/meeting/register/tZEucuCuqj8vE9Gc6Wxyoa0MBxs-80Y4rpP1	Samantha
4:00pm-4:50pm	Gratitude https://eptha.zoom.us/meeting/register/tZUqdeqhpzIoGtES4vH57mEdRzuCUxUqfHkq	Mellisa
WED March 15		
10:00am-10:50am	IN PERSON GROUP Trust: How to Rebuild It	Nevin
11:00pm-11:50pm	Nutrition https://eptha.zoom.us/meeting/register/tZwvd--tpz0uHdfInbOpxOO8UTv-tFg7sr8	Kerri
1:00pm-1:50pm	IN PERSON GROUP Native Meditation	Mellisa
4:00pm-4:50pm	Stages of Change https://eptha.zoom.us/meeting/register/tZcvdOqhqT0sGdYIdnSLE_5od4tPdMpg4R26	Samantha
THUR March 16		
8:00am-8:50am	No Group	Nevin
10:00am-10:50am	No Group	Nevin
11:00pm-11:50pm	Family Roles https://eptha.zoom.us/meeting/register/tZAlcu6grTooH9YqTi_tF_v4AoLO2NqZpZDI	Kerri
1:00pm-1:50pm	Health and Nutrition https://eptha.zoom.us/meeting/register/tZAscOqtqDMqGd37-5A1p4dl5QJloCrvrNA6	Mellisa
FRI March 17		
10:00am-10:50am	No Group	Nevin
12:00pm-12:50pm	IN PERSON Native Crafting	Samantha
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZMkc-yopzgtH9W4dO9LqD64jnT6gJ9FVasm	Susannah
1:00pm-1:50pm	Mom's Group https://eptha.zoom.us/meeting/register/tZIsdOmtrjIrEtdekiTpf9DD-8cOmgLDjdOB	Mellisa
2:00pm-2:50pm	Relapse Prevention https://eptha.zoom.us/meeting/register/tZUqf--uqiMiHtYmn4C9n_irV0j3riQqKMr4	Samantha
Schedule posted at www.eptha.com		
All Zoom Groups require registration. Below are some instructions:		
<ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE		
WEEK OF March 20-24		
Day/Time	TOPIC or Process	FACILITATOR
MON March 20		
10:00am-10:50am	No Group	Nevin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZEvdO6oqjooH9Ve3ux4ITRfzWWrr6w44oe6	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZAKceqgrTgrH9UsnQ0XA1GH5B5On0qc9h3p	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZ0lcOuvqDMvG9VyCnS7Pleu02UVq9unUgm1	Susannah
2:00pm-2:50pm	Family and Recovery https://eptha.zoom.us/meeting/register/tZcpfu2urTgvHdS2zX7ouEUMsBwsRTbyM4S2	Mellisa
TUE March 21		
11:00am-11:50am	Positive Thinking https://eptha.zoom.us/meeting/register/tZwod-6sqDwiHd19SISv1pRV8kItq5iio4N	Samantha
1:00pm-1:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZAqdu2uqDgrG9e8yPM-IUmGx7aOLjdzqwvj	Susannah
3:00pm-3:50pm	Core 2 https://eptha.zoom.us/meeting/register/tZAtdu2sqzMvH9TovF8kp-_O65ErD6kgAX9Q	Samantha
4:00pm-4:50pm	Open Process https://eptha.zoom.us/meeting/register/tZctdOmvqD4oGdKEqitTo6PI-aTEDIGe-KBt	Mellisa
WED March 22		
10:00am-10:50am	IN PERSON GROUP Self-Sabotage	Nevin
11:00pm-11:50pm	Psycho-social Stages https://eptha.zoom.us/meeting/register/tZcocuysrToiEtbhZKyIhwqzjUBKj2UwdGy	Kerri
1:00pm-1:50pm	IN PERSON GROUP Native Meditation	Mellisa
4:00pm-4:50pm	Healthy Relationships https://eptha.zoom.us/meeting/register/tZlscO6hqTouGNghD6kAtrf5Q8xWHtZQo1ml6	Samantha
THUR March 23		
8:00am-8:50am	Morning Reflections https://eptha.zoom.us/meeting/register/tZEpc--sqTooHtYtJroiDVpfcADK6yZfyhyI	Nevin
10:00am-10:50am	Shame and Guilt https://eptha.zoom.us/meeting/register/tZUlcuChpzMvGtfTp1ueG80zP_mNeuJXxfUX	Nevin
11:00am-11:50am	Open Group: What Do You Need? https://eptha.zoom.us/meeting/register/tZ0ufu6qqzIJE92watSbPCL0cvbyUdi4Uv9Z	Kerri
1:00pm-1:50pm	IN PERSON GROUP 5 Love Languages	Mellisa
FRI March 24		
10:00am-10:50am	Attitude of Gratitude https://eptha.zoom.us/meeting/register/tZlvd-itrgiHtTTk7GGoaq-UwP1RW6jO2XZ	Nevin
12:00pm-12:50pm	IN PERSON GROUP Native Crafting	Samantha
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZlkc-2grzJjGNXgGA5kdJJy4inISsb_Yml	Susannah
1:00pm-1:50pm	Moms in Recovery https://eptha.zoom.us/meeting/register/tZEvcO-rqTsqHNGAyRYFdUmK8tPdn8Uvxxnt	Mellisa
2:00pm-2:50pm	Problem Solving Skills https://eptha.zoom.us/meeting/register/tZ0lceGurjwvHNBPOtZsl6_5LzVy2W8fpEpe	Samantha
	<p>Schedule posted at www.eptha.com</p> <p>All Zoom Groups require registration. Below are some instructions:</p> <ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 	