

ZOOM GROUP SCHEDULE WEEK OF February 27- March 3		
Day/Time	TOPIC or Process	FACILITATOR
MON Feb 27		
10:00am-10:50am	Men's Support https://eptha.zoom.us/meeting/register/tZEIc6trziHdIuk_o0xEweLGhGhQ1cjdW	Nevin
11:00am-11:50am	Core 2 https://eptha.zoom.us/meeting/register/tZcrdO-hqz4pG9HS1lr3qgQ2eV4NjVlbDBNg	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZYlceGupzouGdCfEfwFbnPs-UmuoLKPICEp	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZUrdeCtrDwiE9EHl_VdYHVrbntlo5i5fe8	Susannah
2:00pm-2:50pm	What are Self Help Groups? https://eptha.zoom.us/meeting/register/tZYsc-2prTsuHdXo10DS4gkWhlH1xAwpm70I	Mellisa
TUE Feb 28		
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZYrc-qtqD0sH9XjB3I2x4uxgcBOqXpOURXY	Samantha
1:00pm-1:50pm	IN PERSON GROUP Native Crafting	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZEld-6qqjkg9SxUSI6WCHsM1AjvjSYMmPV	Susannah
2:00pm-2:50pm	IN PERSON GROUP No Group	Kerri
3:00pm-3:50pm	Relapse Prevention https://eptha.zoom.us/meeting/register/tZcqdumhqTsvGNdc1IV6jqDbmB4DRlwDRAs6	Samantha
4:00pm-4:50pm	Parenting in Recovery https://eptha.zoom.us/meeting/register/tZ0kduGhpzMjGtGuWQjt9avObdG90I7jyFRY	Mellisa
WED March 1		
10:00am-10:50am	IN PERSON GROUP Forgiveness and Step 10	Nevin
11:00pm-11:50pm	Open Group: Tell Us What's Going on https://eptha.zoom.us/meeting/register/tZMpd-iupzLoGt1GM8Jc2E8TXywmI4O8Lj8C	Kerri
1:00pm-1:50pm	IN PERSON GROUP Native Meditation	Mellisa
4:00pm-4:50pm	The Four Agreements https://eptha.zoom.us/meeting/register/tZMsdeyspjMpG935rtvNISUUGrScWDe8uXXx	Samantha
THUR March 2		
8:00am-8:50am	Morning Meditations https://eptha.zoom.us/meeting/register/tZEuf-uppjIvGNP9Pyme5HukX5NgLKDzLmne	Nevin
10:00am-10:50am	Grief and Loss https://eptha.zoom.us/meeting/register/tZ0kcu2pqTsjEtdqHnkAtKTRESOvH2vqv9OV	Nevin
11:00pm-11:50pm	Step 1 https://eptha.zoom.us/meeting/register/tZcuf-2tpz4oGtwnjeXvV7u1AELFB0OptvBe	Kerri
1:00pm-1:50pm	Mental Health and Recovery https://eptha.zoom.us/meeting/register/tZ0pduqppz0tGdcmTfO5JNtem9b3Rr-fKj-I	Mellisa
FRI March 3		
10:00am-10:50am	Open Process https://eptha.zoom.us/meeting/register/tZckd-6qqTstE9f4D_DRwOUk8ESkKGE-Tsx0	Nevin
12:00pm-12:50pm	IN PERSON Native Crafting	Samantha
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZctcu2gpz0qGNO2r40UtVs560IqryjtGsLC	Susannah
1:00pm-1:50pm	Mom's Group https://eptha.zoom.us/meeting/register/tZwucOugqD8uE9ygGdXZemDgP_AGxRRlg6vO	Mellisa
2:00pm-2:50pm	Denial https://eptha.zoom.us/meeting/register/tZctdOCtpjopGtG1nlpV4FKHnbbtLkkxFzXR	Samantha
Schedule posted at www.eptha.com		
All Zoom Groups require registration. Below are some instructions:		
<ol style="list-style-type: none"> 1. Select the group you want to register for by clicking the hyperlink next to counselor name 2. Hyperlink will take you to Zoom registration page 3. Complete registration for group with password: puyallup 4. You will need valid email for registration 5. Once approved you will be receiving email with link for group 6. At time of group open email and click link for group and begin 		

ZOOM GROUP SCHEDULE		
WEEK OF March 6-10		
Day/Time	TOPIC or Process	FACILITATOR
MON March 6		
10:00am-10:50am	Men in Recovery: Work and family Balance https://eptha.zoom.us/meeting/register/tZMlcO6upzMjHNCPOPGZY__hGJA5LtiTHp5-	Nevin
11:00am-11:50am	Women's Recovery https://eptha.zoom.us/meeting/register/tZwuduutpi0qG9btO0zB46wq5D5bAP903Ivq	Samantha
1:00pm-1:50pm	Red Road Step Study https://eptha.zoom.us/meeting/register/tZ0vdOGgqzgiG9T1cTRoIm77ROGbJpN9A4Cr	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZ0kf--hqjIsE9DFbTrS_SWwLHWewGx-Oqxr	Susannah
2:00pm-2:50pm	Relationships https://eptha.zoom.us/meeting/register/tZArdOipri0tGNz4f2Ev_onN3-0MTVijLlwq	Mellisa
TUE March 7		
11:00am-11:50am	Core 1 https://eptha.zoom.us/meeting/register/tZAqceurqzsrHdwF3sdEMPNUHb0x02FJMzRX	Samantha
1:00pm-1:50pm	IN PERSON GROUP Playing in Recovery	Kerri
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZwpdO6trjooHdb17PbH3Z_bi6RbCw92YIvN	Susannah
2:00pm-2:50pm	IN PERSON GROUP Casino Conversations	Kerri
3:00pm-3:50pm	What is Anxiety? https://eptha.zoom.us/meeting/register/tZlrc-qvqzsiEtcZtM4ZHUDh-hyofpQcRNkD	Samantha
4:00pm-4:50pm	Self-Acceptance https://eptha.zoom.us/meeting/register/tZEIc6oqzwrG9Qh3tGvtsMahW5gvzUEZGdM	Mellisa
WED March 8		
10:00am-10:50am	IN PERSON GROUP Food and Mood	Nevin
11:00pm-11:50pm	Open Group: Just for Today https://eptha.zoom.us/meeting/register/tZUpd-qvrT8qGdzqtpNctZLu0CP1dXPVSKLd	Kerri
1:00pm-1:50pm	IN PERSON GROUP Native Meditation	Mellisa
4:00pm-4:50pm	Red and Green Flags https://eptha.zoom.us/meeting/register/tZYkcOiupz8uE9OFowf8DpdpxL0kcmNp603	Samantha
THUR March 9		
8:00am-8:50am	Coffee and Reflections https://eptha.zoom.us/meeting/register/tZlufuiqqT8pGtUdtuuJl1PxCt99R4-Z1f9	Nevin
10:00am-10:50am	Self-Acceptance in Recovery https://eptha.zoom.us/meeting/register/tZModu2tpzMqHNVrIYt9RjEZmDXs-WnLS3E8	Nevin
11:00am-11:50am	Anger Umbrella https://eptha.zoom.us/meeting/register/tZUkf-GgrT8jH9Eq6vOFlo2UMJuo7GMEIzId	Kerri
1:00pm-1:50pm	Grief and Loss https://eptha.zoom.us/meeting/register/tZ0qd-uwrD0tHtc5Q6nEApFPRzXC5qnFuqhJ	Mellisa
FRI March 10		
10:00am-10:50am	Anger Management https://eptha.zoom.us/meeting/register/tZUrcu-rpj8qG9GVjimpdVW_iBc-Oxdx6gJ3h	Nevin
12:00pm-12:50pm	IN PERSON GROUP Native Crafting	Samantha
1:00pm-1:50pm	Orientation https://eptha.zoom.us/meeting/register/tZApceurTgsHtUH2ai22_NQgfjD_TeyaabK	Susannah
1:00pm-1:50pm	Moms in Recovery https://eptha.zoom.us/meeting/register/tZEqc-GsqDkqEtRa2347N41Wt2cwLZIpMQIA	Mellisa
2:00pm-2:50pm	Using Dreams https://eptha.zoom.us/meeting/register/tZMoce6sqzsuH9MkSM7M6SZYzh7UxF7tb5GL	Samantha
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